

Self Defense Tips: Migrant Recruiters

1. Only enter migrant housing if necessary; most recruitment paperwork can be completed outside regardless of the season
2. Conduct pair or team recruiting visits whenever possible
3. Do not recruit after dark unless pre-scheduled and accompanied by a buddy
4. Always have car keys readily accessible
5. Notify farm employer or manager upon visiting farm worker housing
6. Always carry a charged cell phone
7. Know where the exits are in a home and in building hallways
8. Do not distribute personal phone numbers of colleagues (or others) without their permission
9. Maintain a schedule with information on when and where recruitment efforts will be taking place
10. Pay attention to personal behavior; sometimes a recruiter's friendly behavior can give the wrong impression, especially if cultural differences are present
11. Dress code—recruiters should wear MEP t-shirts and/or MEP ID badges
12. Always wear comfortable clothes and shoes while working in the field since you will be regularly walking, standing, climbing stairs and maybe even running from dogs
13. If you feel unsafe during an interview and believe you are or might be in danger, you should immediately end the interview and leave—run if necessary!
14. Consider taking a self-defense course